

Mindbody Academy : Course Prospectus

Workshop title	Advanced Massage & Therapist Techniques Training
Workshop description	This practical workshop will help improve the service you give. We explore your passion, presence, the power in your hands & positioning, protection and practical tools & tips to help you build your practice. You will become aware of your energy and learn how it affects your clients. You will also learn how to use your body, hands and the massage table to maximise your client's experience. Client attraction, retention and referrals will also be discussed during this course.
Key topics / areas	<ul style="list-style-type: none"> • Your Passion – your practice/career • Your Presence - how you can influence your client • Your Power of touch - through your fingers • Your Positioning – use of body and massage equipment • Your Protection – protecting your body, energy & client • Practical tools – developing strength / strong massage • Practical treatments – mini treatments / swaps
Learning outcomes	<ul style="list-style-type: none"> • Confidence built in your touch • Knowledge on how to prepare the room and yourself for your clients • Improved self awareness and ability to retain clients • A guideline on how to enhance clients healing • Better communication and treatment techniques • Powerful deep forearm massage techniques • Knowing how to use a massage table suited to your benefit • Achieve longevity through better use of hands • Client comfort – attraction, retention and referrals <p>All candidates will also receive course material and a certificate.</p>
Target Group	<ul style="list-style-type: none"> - Full qualifications in Anatomy & Physiology - Core massage qualification (eg. ITEC L 3/City & Guilds) or Beauty NVQ L3 - Returning practitioners
Length of each session	One day course :10am – 4pm
Cost to attendees	£149 per candidate

Venue	<p>MindBody Therapy Centre, 120 Stanstead Road, Forest Hill, London, SE23 1BX</p> <p>4 fully equipped rooms plus sauna & shower and class/workshop space</p> <p>Maximum attendees each course is ten.</p> <p>Public liability insurance in place.</p>
Workshop leader – Short personal profile	<p>Devon is a qualified Advanced Massage Therapist and Reiki Master and has trained in many other therapies such as Crystal Healing, NET, Aromatherapy, Indian Head Massage and Guided Imagery and Visualisation. He is an ITEC professional having qualified in Anatomy, Physiology & Body Massage and is a member of CThA (Complementary Therapists Association), Embody and CNHC (Complementary and Natural Healthcare Council).</p> <p>W: www.therapy4life.net T: 020 3417 6108 W: www.devonburke.co.uk</p>
Other information:	<p>You do not need to take anything with you to the class, all massage couches, chairs, towels and equipment are all provided. You do not need to wear a therapist tunic or whites - comfortable clothing is fine.</p> <p>You do not need to take a model with you as you will work with another student on the day of training, the class runs with 2 or more people booked.</p>
Booking information details:	<p>E: mail@therapy4life.net</p> <p>Please email in your qualifications, insurance and contact details.</p> <p>Payment can be made direct through internet banking 'MindBody Therapy' a/c 68141581 sort code: 09-01-56 Santander bank or via paypal or cheque payable to 'MindBody Therapy'.</p> <p>A non-refundable 50% Deposit is required at least two weeks before the course date to secure your space, which will be taken off the final total. Final total to be paid a week before the course date. If you require a receipt, please ask.</p>

In case you need the following:

Public liability insurance schedule – available
Qualifications / CV – available

Signed: _____ *Devon Burke* _____

Date: *August 2014*



Approved by CThA: ID-P65175 CPD points 5