

News & Inspiration

'Waiting' for Life to happen?

Why do some 'things' that we long for seem a little elusive? As if it is just teasing us, just out of our reach until such time that it is SUPPOSED to be? What's that all about eh? What lessons does life try to teach us when all is not materialising as it 'should' do, as in our eyes. Someone said to me the other day, 'maybe it's about patience'. So is it true that 'good things come to those who wait'? How are we supposed to wait, passively or actively? I read somewhere that 'when you are ready, your purpose is waiting for you'. Profound? What's it really all about?

Well, there are so many answers, in so many ways, for so many different people that how can one answer cover all? So...take your pick i.e. if it resonates with you...shhh and listen...

- You still have something to learn
- What's yours has your name on it...no need to rush it
- Stop trying to push the heavy door, when it is 'time' it will open just using your little finger
- Ask a different question
- Are you really ready for what you are asking for?
- Ask, Believe, Receive...open your arms and say 'yes, thank you' (simple eh?!)
- It's all happening perfectly, in perfect synchronisation
- Let go of the controls and get out of the bl@@dy way!
- Make space for 'it', whether it's in your heart, house, life, head, cupboard, car, bank a/c, paperwork...after all, how can 'it' come in if there is no room!
- Be You...Be True to Your core values
- You can only control You...no one else
- Listen to what is being 'spoken' to you (from all sources)
- Open your eyes. Is it staring right at you?! Don't you recognise it?
- Persistence, sweat and determination...come on! Think, change strategy and go again
- Are you on your 'true' path? If no...think, maybe make another choice. If yes, stay within the flow & swim with the tide

- What/Who are you attracting? What keeps showing up? Shift your thought pattern/lifestyle and call again
- If unsure where to step...just...be still, do we always HAVE to know? Take baby steps...listen...another step...listen...Be guided.

Hope one or some of these resonate, wherever you're 'at'. All the very best for...

“TOMORROW WILL BE THE OUTCOME OF TODAY. You choose.”

Take Care now,

KAREN at

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Karen is a Qualified Certified Personal Development Coach and has been a Stress Management worker, Mentor, Writer, Woman's Group organiser/facilitator and Princes Trust volunteer. She is also a qualified Chartered Management Accountant coming from a corporate background. As she says 'I am Every Woman and Every Woman is me, whatever you're 'it' is, wherever you're 'at' in life, I encourage you all to say with me 'I CAN DO IT!'

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