

## News & Inspiration

### Men are not Women

Just a short space to state the obvious but something which seems to elude many of us at any given time! MEN ARE NOT WOMEN and WOMEN ARE NOT MEN! A few 'general' facts:

- Men would rather not go over the same subject five times, once it's discussed once or twice that's it for them, so discuss the rest with women. Women they are not being personally spiteful, they're just done with the subject. FULL STOP.
- Women need to discuss the same subject at least five times to ensure she has really got it from every angle and position. Then maybe one more time a few months or year later to make sure she really heard it right! So men, please see with us and hear us out!

So...is it never the twain shall meet? Do we all expect too much from each other? Is it some cruel joke to make us so intrinsically different then tell us to 'go forth and mutiply'? Were we really meant to get on for over 40 years in marital bliss with our differences? Or is it our chance to build understanding, compromise, unselfishness, belief and hope that some days we'll be on the same page. Men! Can't live with them, can't live without them! Women! Can't live with them, can't live without them!

Ok, ok, truce. Maybe it is that we need to just accept our differences rather than try to turn our partner, boyfriend, brother, cousin into something they are not and never will be. After all, speaking from a woman's point of view, do we really want our square shouldered men to understand about pop socks v peep toe tights v tights v stockings (even though they might understand and want to see the stockings!)....well, you get my drift. We try to find a man, hold onto to him, pin him down, then try to change and control his manhood (their word pussy whipped!), then we fall out of love with him for not being MAN enough i.e. Mr. Exciting, Romantic, sweep us off our feet aka Carrie in S and the C 2!!!! Maybe sometimes we need to sweep THEM off their feet! So women, have your women friends to discuss certain 'woman's stuff plus what the man doesn't do but love him anyway' type thing and men, have your men friends to do your 'male bonding, women moaning but love her' type thing! There, that's better, less expectations and more understanding that there are some things 'they' just will...not...get!!!

And the world will be a happier place again! (or will it?...aarrgh enough! Maybe another time we'll revisit this!). Just...let some things go for now! We are different!

**“TOMORROW WILL BE THE OUTCOME OF TODAY. You choose.”**

Take Care now,

**KAREN at**

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*Karen is a Qualified Certified Personal Development Coach and has been a Stress Management worker, Mentor, Writer, Woman's Group organiser/facilitator and Princes Trust volunteer. She is also a qualified Chartered Management Accountant coming from a corporate background. As she says 'I am Every Woman and Every Woman is me, whatever you're 'it' is, wherever you're 'at' in life, I encourage you all to say with me 'I CAN DO IT!'*

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